



Bruce Farringer, M.D., F.A.C.O.G.

Leah Najima, M.D., F.A.C.O.G.

Maroo Walker, PA-C

DATE \_\_\_\_\_

PATIENT NAME \_\_\_\_\_ (First) \_\_\_\_\_ (Middle) \_\_\_\_\_ (Last) \_\_\_\_\_ AGE \_\_\_\_\_

DATE OF BIRTH \_\_\_\_\_ SOCIAL SECURITY # \_\_\_\_\_ MARITAL STATUS \_\_\_\_\_

MAILING ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

HOME TELEPHONE \_\_\_\_\_ CELL TELEPHONE \_\_\_\_\_ EMAIL \_\_\_\_\_

EMPLOYER \_\_\_\_\_ REFERRED BY \_\_\_\_\_

POSITION OCCUPIED \_\_\_\_\_ WORK TELEPHONE \_\_\_\_\_ EXT \_\_\_\_\_



SPOUSE OR PARENT \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

MAILING ADDRESS \_\_\_\_\_ HOME TELEPHONE \_\_\_\_\_

EMPLOYER \_\_\_\_\_ SOCIAL SECURITY # \_\_\_\_\_



EMERGENCY CONTACT NOT LIVING WITH YOU \_\_\_\_\_ RELATIONSHIP \_\_\_\_\_

ADDRESS \_\_\_\_\_ TELEPHONE \_\_\_\_\_



**YOU MUST BRING YOUR INSURANCE CARD WITH YOU AT THE TIME OF YOUR VISIT.**

YOUR INSURANCE COMPANY \_\_\_\_\_

POLICY/ID # \_\_\_\_\_ GROUP# \_\_\_\_\_

POLICY HOLDER NAME \_\_\_\_\_ RELATIONSHIP \_\_\_\_\_

POLCY HOLDER BIRTH DATE \_\_\_\_\_ POLICY HOLDER SS# \_\_\_\_\_



I hereby authorize Sierra Women's Health to furnish to my insurance company all medical information which my insurance company may request concerning my medical condition.

\_\_\_\_\_  
(Patient Signature)

I hereby authorize payment of medical benefits to Sierra Women's Health for medical or surgical services rendered to me by Sierra Women's Health. I understand that I am financially responsible for charges not covered by this authorization.

\_\_\_\_\_  
(Patient Signature)

Sierra Women's Health has offered me a copy of their Notice of Privacy Practices \_\_\_\_\_ Please Initial

Do you have an Advanced Directive? ( )Yes ( )No If so, please allow our office to keep a copy in your medical record.

**IMPORTANT - PLEASE READ CAREFULLY:** MOST INSURANCE COMPANIES REQUIRE THAT THE INSURED USE A CONTRACT FACILITY (HOSPITAL, LABORATORY, RADIOLOGY DEPARTMENT, ETC.) IN ORDER TO OBTAIN MAXIMUM REIMBURSEMENT. PRIOR TO YOUR VISIT, YOU SHOULD CONTACT THE PERSON HANDLING YOUR INSURANCE TO FIND OUT IF THIS APPLIES IN YOUR CASE. **IT IS YOUR RESPONSIBILITY TO ADVISE US IF A CONTRACT FACILITY IS TO BE USED.**



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### Consent to Disclose Protected Health Information

By signing this authorization, I authorize Sierra Women's Health to disclose protected health information about me to the following individual(s):

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

I understand that NO PROTECTED HEALTH INFORMATION (other than as outlined by the Health Insurance Portability and Accountability Act) can be released to anyone, including spouses, parents, other family members, significant others or friends without this authorization. I understand that I have the right to revoke this authorization in writing at any time. However, any disclosure that occurred prior to the date of revocation is not affected.

Please list daytime telephone number(s) at which you prefer to be reached.

\_\_\_\_\_

Can we leave a message regarding your protected health information at the number (s) you have provided above?

- Yes
- No

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print patient name: \_\_\_\_\_

NOTE TO MINORS AND PARENTS: The health information of minors is protected. Therefore in order for Sierra Women's Health to disclose any protected health information to parents, we must have written authorization from the minor patient. Minor patients should be aware that claims cannot be submitted to a parents' insurance company without disclosure of protected health information.



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### **IMPORTANT INSURANCE MESSAGE**

Today, most insurance companies require that the patient be aware of the particulars of her insurance coverage. Further, the patient must fulfill certain requirements prior to being seen by a physician. Your failure to company may result in reduced payment or denial of your entire claim.

#### **PLEASE READ THE FOLLOWING CAREFULLY BEFORE SIGNING BELOW**

- I have been advised that if services rendered by Sierra Women's Health are considered to be "non-covered services" by my insurance company, I will be financially responsible.
- I have been advised that if Sierra Women's Health is not a contracted provider for my insurance company, I will be financially responsible for any and all charges rendered to me. I further understand that my insurance company may or may not cover charges for any tests, hospitalizations or procedures ordered for my by Sierra Women's Health.
- I have been advised that if my insurance company will not cover charges for services rendered without a referral from my primary care physician, and if I elect to receive care without this referral, I will be financially responsible for any and all charges for services provided by Sierra Women's Health.
- I have been advised that if I do not provide complete insurance information prior to my visit, Sierra Women's Health will be unable to determine whether or not I require a contract provider and/or a referral. If I elect to receive care under these circumstances, I understand that I will be financially responsible for any and all charges for services rendered until coverage for such services can be verified.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print patient name: \_\_\_\_\_



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If your insurance company requires the use of a preferred laboratory and/or pathologist, please let us know.

My preferred laboratory is:

Lab Corp

Renown

Quest

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print patient name: \_\_\_\_\_



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IF YOU ARE 30 YEARS OF AGE OR OLDER, YOU NOW HAVE THE OPTION OF HAVING AN HPV TEST ALONG WITH YOUR REGULAR PAP SMEAR

SCREENING FOR CERVICAL CANCER

Dear Patient,

At Sierra Women's Health we try to provide our patients with advanced preventive care. We now offer an FDA-approved high-risk HPV (human papillomavirus) test. This new test is a highly sensitive viral test used in conjunction with a Pap test for cervical cancer screening in women aged 30 and older. Persistent infection with high-risk human papillomavirus (HPV) is the primary cause of cervical cancer. A few important things to know about HPV and cervical cancer screening.

- Many women will have HPV at some point during their lives but very few will develop cervical cancer.
- Cervical cancer can develop if an HPV infection persists for years.
- The Pap test looks for abnormal cell changes on the cervix that occur as a result of a persistent high-risk HPV infection. The HPV test looks for an HPV infection.
- When used together, these tests can show with nearly 100% certainty that you do NOT have cervical disease. Women who test negative for high-risk HPV, AND have a normal Pap test, have virtually no risk of developing cervical cancer before their next scheduled visit.
- Knowing your HPV status helps you and your provider determine how often you should be screened. Early detection of pre-cancerous cell changes is the key to preventing cervical cancer.
- HPV can lie dormant in cervical cells for months or years before causing disease.

Some insurance companies cover some or all of the cost of the high-risk HPV test when used with a Pap test for cervical cancer screening of women 30 and over. However, the individual benefits you or your employer purchased may or may not cover the test. To learn whether or not this is a covered service, you should call the benefit telephone number shown on your insurance card. Should you elect to have the test and it is not covered by your insurance, you will receive a bill from the laboratory. Our office staff can give you an estimate on the cost of this test, but please keep in mind the actual cost depends on the individual laboratory and may change at any time.

( ) I have read the above information and Agree to have the HPV test with my Pap test. I also agree to pay for the HPV test should my insurance not cover the cost.

( ) I have read the above information and DO NOT wish to have the HPV test done at this time.

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Please print your name



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<b>Name</b>	<b>Date of Birth</b>	<b>Age</b>	<b>Date</b>
<b>Pharmacy</b>		<b>Location</b>	
<b>Allergies – List Reaction</b>			
<b>Medications &amp; Dosage – Include Vitamins/Herbs</b>			

**Past Gynecologic History**

Last Pap	Sexually Active <input type="checkbox"/> Yes <input type="checkbox"/> No
Last Mammogram	Your partner is <input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Both
Age at 1 <sup>st</sup> period	Contraception
Last menstrual period	Age of Menopause History of IUD use <input type="checkbox"/> Yes <input type="checkbox"/> No
Duration of flow	Bone Density <input type="checkbox"/> Yes – when _____, <input type="checkbox"/> No
Cramps? Mild / Mod / Severe / None	Colonoscopy <input type="checkbox"/> Yes – when _____, <input type="checkbox"/> No
Time between periods	Osteopenia <input type="checkbox"/> Yes <input type="checkbox"/> No Osteoporosis <input type="checkbox"/> Yes <input type="checkbox"/> No
Please check if you have or Previously had the following	Comments
<input type="checkbox"/> Abnormal Vaginal Bleeding	
<input type="checkbox"/> Vaginal Bleeding After Intercourse	
<input type="checkbox"/> Vaginal Bleeding After Menopause	
<input type="checkbox"/> History of Abnormal Paps	When _____ Diagnosis _____ Treatment _____
<input type="checkbox"/> History of Infertility	
<input type="checkbox"/> Uterine Fibroids	
<input type="checkbox"/> Endometriosis	
<input type="checkbox"/> Ovarian Cyst	
<input type="checkbox"/> Incontinence	
<input type="checkbox"/> Prolapse Bladder / Rectum / Uterus	
<input type="checkbox"/> Infections	<input type="checkbox"/> Yeast <input type="checkbox"/> Bacterial Vaginosis <input type="checkbox"/> PID
<input type="checkbox"/> Sexually Transmitted Disease	<input type="checkbox"/> Herpes <input type="checkbox"/> Gonorrhea <input type="checkbox"/> Chlamydia <input type="checkbox"/> HPV <input type="checkbox"/> Syphilis <input type="checkbox"/> HIV <input type="checkbox"/> Trichomonas

<input type="checkbox"/> Cancer	<input type="checkbox"/> Breast <input type="checkbox"/> Uterine <input type="checkbox"/> Ovarian <input type="checkbox"/> Vulvar <input type="checkbox"/> Colon <input type="checkbox"/> Other
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**Physical Complaints within the last year** (Check all that apply and explain if necessary)

<b>Constitutional</b> <input type="checkbox"/> Weight Loss <input type="checkbox"/> Fever <input type="checkbox"/> Fatigue <input type="checkbox"/> Other	<b>Genitourinary</b> <input type="checkbox"/> Burning with urination <input type="checkbox"/> Blood in urine <input type="checkbox"/> Urinary frequency/urgency <input type="checkbox"/> Other
<b>Neck</b> <input type="checkbox"/> Pain <input type="checkbox"/> Difficulty swallowing <input type="checkbox"/> Lumps <input type="checkbox"/> Other	<b>Skin/Breast</b> <input type="checkbox"/> Rash <input type="checkbox"/> Lumps in breast <input type="checkbox"/> Nipple discharge <input type="checkbox"/> Pain in breast <input type="checkbox"/> Other
<b>Cardiovascular</b> <input type="checkbox"/> Palpitations (Rapid heart rate) <input type="checkbox"/> Irregular heart beat <input type="checkbox"/> Chest Pain <input type="checkbox"/> Shortness of Breath <input type="checkbox"/> Other	<b>Neurological</b> <input type="checkbox"/> Frequent headaches <input type="checkbox"/> Dizziness <input type="checkbox"/> Weakness <input type="checkbox"/> Numbness/Tingling where? <input type="checkbox"/> Other
<b>Abdomen</b> <input type="checkbox"/> Pain <input type="checkbox"/> Bloating <input type="checkbox"/> Blood in stool <input type="checkbox"/> Constipation <input type="checkbox"/> Diarrhea <input type="checkbox"/> Poor appetite <input type="checkbox"/> Other	<b>Psychiatric</b> <input type="checkbox"/> Insomnia <input type="checkbox"/> Depression <input type="checkbox"/> Anxiety <input type="checkbox"/> Moodiness <input type="checkbox"/> Other
<b>Respiratory</b> <input type="checkbox"/> Cough <input type="checkbox"/> Pain with breathing <input type="checkbox"/> Shortness of breath <input type="checkbox"/> Other	<b>Lymphatic</b> <input type="checkbox"/> Lumps in groin, under arms, or in neck <input type="checkbox"/> Other

**Past Medical History**

Diabetes <input type="checkbox"/> Yes <input type="checkbox"/> No Comments	Kidney Disease <input type="checkbox"/> Yes <input type="checkbox"/> No Comments	Blood Clots Leg/Lung <input type="checkbox"/> Yes <input type="checkbox"/> No Comments
High Blood Pressure <input type="checkbox"/> Yes <input type="checkbox"/> No Comments	Urinary Tract Infections <input type="checkbox"/> Yes <input type="checkbox"/> No Comments	Neurologic/Epilepsy <input type="checkbox"/> Yes <input type="checkbox"/> No Comments
Heart Disease <input type="checkbox"/> Yes <input type="checkbox"/> No Comments	Thyroid Dysfunction <input type="checkbox"/> Yes <input type="checkbox"/> No Comments	Gastrointestinal <input type="checkbox"/> Yes <input type="checkbox"/> No Comments
Rheumatic Fever <input type="checkbox"/> Yes <input type="checkbox"/> No Comments	Tuberculosis <input type="checkbox"/> Yes <input type="checkbox"/> No Comments	Hepatitis/Liver Disease <input type="checkbox"/> Yes <input type="checkbox"/> No Comments
Mitral Valve Prolapse <input type="checkbox"/> Yes <input type="checkbox"/> No Comments	Asthma <input type="checkbox"/> Yes <input type="checkbox"/> No Comments	In Utero DES <input type="checkbox"/> Yes <input type="checkbox"/> No Comments
Psychiatric <input type="checkbox"/> Yes <input type="checkbox"/> No Comments	Anesthesia Complications <input type="checkbox"/> Yes <input type="checkbox"/> No Comments	Other <input type="checkbox"/> Yes <input type="checkbox"/> No Comments

**Immunization History**

Have you been vaccinated against HPV?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Have you been vaccinated against Hepatitis B?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Have you been vaccinated against Influenza?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Have you been vaccinated against Pneumonia?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Have you been vaccinated against Tetanus?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Have you had chicken pox?	<input type="checkbox"/> Yes <input type="checkbox"/> No	If no, have you been vaccinated? <input type="checkbox"/> Yes <input type="checkbox"/> No
Have you had Rubella (German Measles)?	<input type="checkbox"/> Yes <input type="checkbox"/> No	If no, have you been vaccinated? <input type="checkbox"/> Yes <input type="checkbox"/> No
Have you had a TB skin test?	<input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, <input type="checkbox"/> positive or <input type="checkbox"/> negative

**Family History** – Please indicate relative and if it is on maternal or paternal side of family.

Breast Cancer Who: <input type="checkbox"/> Yes <input type="checkbox"/> No	Anesthesia Complications Who: <input type="checkbox"/> Yes <input type="checkbox"/> No
Ovarian Cancer Who: <input type="checkbox"/> Yes <input type="checkbox"/> No	Birth Defects/Hereditary Disorders Who: <input type="checkbox"/> Yes <input type="checkbox"/> No
Uterine Cancer Who: <input type="checkbox"/> Yes <input type="checkbox"/> No	High Blood Pressure Who: <input type="checkbox"/> Yes <input type="checkbox"/> No

Colon Cancer Who: <input type="checkbox"/> Yes <input type="checkbox"/> No	Heart Disease Who: <input type="checkbox"/> Yes <input type="checkbox"/> No
Osteoporosis Who: <input type="checkbox"/> Yes <input type="checkbox"/> No	Diabetes Who: <input type="checkbox"/> Yes <input type="checkbox"/> No
Gynecological Problems Who: <input type="checkbox"/> Yes <input type="checkbox"/> No	Psychiatric Disorder Who: <input type="checkbox"/> Yes <input type="checkbox"/> No

**Social History**

Marital Status <input type="checkbox"/> Single <input type="checkbox"/> Married <input type="checkbox"/> Divorced <input type="checkbox"/> Widowed	Tobacco <input type="checkbox"/> Yes <input type="checkbox"/> No For how long:	Pack/day: Quit date:
Occupation	Abuse/Domestic Violence Past or Present Relationship	<input type="checkbox"/> Yes <input type="checkbox"/> No
Alcohol <input type="checkbox"/> Yes <input type="checkbox"/> No Amount: Type: How often:	Carbonated Beverage Amount:	<input type="checkbox"/> Yes <input type="checkbox"/> No
Social Drug Use <input type="checkbox"/> Yes <input type="checkbox"/> No Amount: Type: How often:	Weight Bearing Exercise Frequency:	<input type="checkbox"/> Yes <input type="checkbox"/> No

**Past Obstetrical History** – To include miscarriages, ectopics and abortions.

Date (Mo./Yr.)	Birth Weight	Gender/Name	Type of delivery (Vaginal/C-sec.)	Place of delivery	Complications

**Surgeries and Hospitalizations**

Surgeries (Reason and Year)	5.	Hospitalizations (Reason and Year)
1.	6.	1.
2.	7.	2.
3.	8.	3.
4.	9.	4.